

**Lesson Plan**  
***Sole Cool Hot Iron Bag***  
***Designer: The Quickie Chicks***  
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## **Project Informational Guide**

### **Sample Class Description for Your Store's Class Brochure**

Have you ever wondered what to do with your hot iron after a quilting class, retreat, guild function, workshop, conference, or some other sewing activity? Well, the dilemma has been solved! Now you can make your very own *Sole Cool Hot Iron Bag*, which has been designed specifically for you to transport your hot iron safely. It's SO COOL! —And it's so easy to make! All skill levels.

### **The Class Schedule**

This class has been designed to be taught in a three-hour session.

### **Notes to You**

1. We recommend adding a layer of cotton batting to the Insul~Bright for extra heat-resistant protection. It is easy for students to cut out a layer of cotton batting along with the Insul-Bright as they are cutting their fabrics.
2. As you guide students through the bag-making process, have them use their patterns. They will find more details and be able to observe the illustrations, which you will reinforce. We suggest students fold their pattern, so that they are only seeing the page they are using.
3. We are strong advocates of pinning with extra fine, extra long silk pins for construction (long is a relative term; sewing pins are not really long). We also are advocates of pressing after each seam with a dry iron. We suggest students set each seam and then press the seam allowances. Pressing provides a fresh, crisp look.
4. Thank you for choosing to teach this bag class. We think every quilter should have her own hot iron bag.

# *Sole Cool Hot Iron Bag*

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### *Students should bring to class the following items:*

*Sole Cool Hot Iron Bag* pattern; fabrics and the other suggested equipment and supplies listed on pattern back cover, including 3 coordinating fabrics, Insul~Bright®, cotton batting, flannel scraps, rotary cutter, mat, ruler for cutting with rotary cutter; favorite sewing supplies, including pins, thread, sewing machine needles, seam ripper; sewing machine and accessories (including bobbin, extension cord, foot pedal, instruction book)

### **Step 1 Introduction to Pattern and Quilt**

Introduce the bag to the students. Have students open the pattern and become familiar with the different sections: the inside cover, the tips and suggestions, illustrations, and the instructions. Show students how they can fold the pattern into pages, if they wish.

### **Step 2 Fabric Selection**

Discuss the three fabrics and where they will be placed on the bag. Have students show you their selections.

### **Step 3 Cutting the Fabric Pieces**

1. Before cutting any other fabrics, have students cut the Fabric A pieces for the lower bag and the bag handle.

2. Have students cut the remaining bag pattern pieces in the following order:

Fabric A pieces

Fabric B pieces

Fabric C pieces

Note: Remind students to mark the center points at both ends of the sole piece (shown with dash line).

3. Have students cut identical pieces of Insul~Bright and cotton batting.

4. Have students cut the flannel pieces.

### **Step 4 Basting**

Have students baste the Insul~Bright and cotton batting to the Fabric A sole piece and the Fabric A lower-bag piece.

### **Step 5 Sewing the Bag Pieces**

1. Have the students sew the (basted) lower-bag piece ends together to make a tube.
2. Have students pin the lower-bag tube to the sole bottom, matching the seam lines to the center points of the sole (dash lines). Then have them sew the two pieces together.
3. Have the students sew the upper-bag piece ends together to make a tube.
4. Next, have the students pin the lower and the upper bag tubes together, being certain to match the seam lines. Then have them sew the upper and lower tubes together.

### **Step 6 Sewing the Lining**

1. Have students sew the Fabric C lining piece ends together to make a tube.
2. Have students pin and sew the lining sole to the tube. They will set aside the lining.

### **Step 7 Tabs, Flaps, and Handles**

1. Have students make the handles, the side tabs, front tab, and the flap closures. Remind students to strengthen the handles and flap closure with flannel pieces (see pattern).
2. Have students pin the side tabs and the flap closure onto the bag.
3. Have students sew the front tab to the bag front.

### **Step 8 Sewing Lining and Outer Bag Together**

1. Have students put the outer bag inside the lining and pin the two together.
2. Sew the lining and outer bag together, leaving an opening wide enough to pull the bag through the lining. Have students pull the bag through the lining. They should press the bag before the next step.
3. Have students topstitch around the top of the bag.

### **Step 9 Finishing the Bag with Handles**

Have students bring the finished handle through the tabs. Stitch the handle ends together. Then pull the seam end through to a side tab, thus hiding the seam.

Congratulations.....The Bag is Finished!!!