

Cherry Delight

Class Lesson Plan

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This lesson plan is provided to help you plan a class for *Cherry Delight*. Use this lesson plan as a guide for presenting the ideas and methods needed to make this quilt. You do not have to follow this lesson plan precisely. Make changes as needed. Also, your ideas and additions are important elements, so be sure to share your thoughts, methods, and advice with your students.

Quilt Project Informational Guide

The Quilt Class Project

Students should be able to make this project in any of the pattern sizes, since the color ideas and techniques are the same, regardless of size. The differences should be easy to handle in class.

The Class Schedule

This class has been designed to be taught in four three-hour sessions. If you think it will work better for you to offer a different number of sessions or a different class length, feel free to make this change.

Sample Class Description for Your Store's Class Brochure

In a four-day class creating this charming quilt of cherries, baskets, and beloved nine-patch, you will be presented with methods to create classic redwork stitchery and nostalgic prairie points, along with effective piecing techniques. Learn tons of tips while having fun making this adorable quilt. Skill level: experienced beginner.

Alex's Basic Sewing Kit:

For each class that requests *Alex's Basic Sewing Kit*, students should bring the following items to class: rotary cutter, rotary ruler (12" x 6"), rotary mat, extra-fine, glass-head pins, seam ripper, small scissors, and thread.

SESSION ONE

The Redwork Cherry Block

Students should bring to class the following items:

Cherry Delight pattern; *redwork kit* *; *Alex's Basic Sewing Kit*; background fabric for the cherry redwork blocks; fabrics for nine-patch block; sewing machine and its tools and accessories**

* Redwork kit: silver marking pencil, embroidery scissors, 4" embroidery hoop, DMC red floss, embroidery needles, thimble, needle threader

**Nine-patch block: If you only want to demonstrate how to make the nine-patch block and have the students work on their blocks at home rather than in class, students do not need to bring their sewing machines, tools, and accessories. You can decide how much you want to cover in this first class.

Step 1 Introduction to Pattern and Quilt

Introduce the quilt to the students. Have students open the pattern and become familiar with the different sections: the inside cover, the various instructional guideline offerings, and the tips.

Step 2 Cutting the Fabric for the Redwork Block Background

Demonstrate how to cut the background squares from yardage with a rotary cutter, ruler, and cutting board. Have students cut their background fabric into the appropriate number of 7 1/2" squares for the size quilt they are making.

Step 3 Marking the cherry design on the background

Show students how to mark the cherry design on their background squares. Have students begin by marking five of each cherry block.

Step 4 Stitching the Cherry Design

Explain how to use the embroidery hoop and how to test the tension of the background fabric in the hoop. Demonstrate the *redwork outline stitch* to the students, also showing how to start and end the stitching. Have each student begin stitching the cherry design onto a background square. Give students the option to use the first cherry block as a practice piece, if this is their first time working with embroidery.

Step 5 Work Period

Have students work on their cherry blocks.

Step 6 Fabric Selection

Talk about the different fabric possibilities for the quilt *Cherry Delight*.

Step 7 Strip Piecing Techniques for the Nine-Patch Blocks

Demonstrate strip-piecing techniques for cutting fabrics for the nine-patch blocks. Show how to cut straight strips; how to pin the strips together, and how to sew the strips into strip sets. Then demonstrate how to set the seams and press. Show the simple steps to making the complete nine-patch block: cutting strips into units, pinning units together, setting the seams, and pressing. Demonstrate how to make the nine-patch block.

Step 8 Work Period

Students may work on their cherry blocks, if they wish. If students want to cut the strips for their nine-patch blocks, they can do so. Also, those who brought their sewing machines can begin piecing together their nine-patch blocks.

Homework

Have students work on their cherry blocks and construct their nine-patch blocks.

SESSION TWO

Making Basket Blocks

Students bring to class:

Cherry Delight pattern, sewing machine & equipment, *Alex's Basic Sewing Kit*, and fabrics for the basket blocks. (If a student is working on the small wall quilt, she should bring her nine-patch and cherry blocks to work on.)

Step 1 Questions & Review

Inquire if anyone has any questions or had any problems working on her project. Review concepts from previous week.

Step 2 Strip Piecing Techniques for Basket Blocks

Demonstrate strip-piecing techniques for cutting fabrics for the basket block. If you feel it is needed, reiterate how to cut straight strips. Then show how to cut squares, half-square triangles and rectangles from strips. Have students cut fabric strips for the basket block.

If you wish, you can introduce any products, special rulers, papers to use in cutting. If you have any additional tips or quick techniques you wish to present, feel free to do so.

Step 3 Piecing the Basket Units

Show students how to pin and sew the fabric shapes together into the different basket units. Have students make enough of each unit to make several blocks.

Step 4 Piecing the block together

Demonstrate how to sew the block units together to make a basket block. Have each student make one basket block. This is an excellent time to demonstrate proper pinning and stress its importance.

Step 5 Work Period

Give students a time to work on their basket blocks.

Homework:

Have students complete all basket, cherry, and nine-patch blocks.

SESSION THREE ASSEMBLING THE QUILT TOP

Students bring to class:

Cherry Delight pattern, sewing machine & equipment, *Alex's Basic Sewing Kit*, Fabric B, Fabric D, and the finished cherry, basket, and nine-patch quilt blocks.

Step 1 *Questions & Review*

Inquire if anyone has any questions or had any problems working on her project. Respond to any inquiries.

Step 2 Cutting Quarter-Square Triangles

Demonstrate how to cut quarter-square triangles from Fabric D strips.
Have students cut the number of quarter-square triangles needed for their quilts.

Step 3 **Cutting the Corner Triangles**

Demonstrate how to cut the corner triangles from one Fabric B strip.
Have students cut their four corner triangles.

Step 4 **Assembling the Quilt Rows**

Have students refer to the appropriate quilt diagram for guidance in arranging their quilts' blocks and triangles. They will arrange the redwork blocks, 6 1/2" Fabric B blocks, pieced nine-patch, basket blocks, quarter-square side and half-square corner setting triangles in diagonal rows, as shown, one row at a time.

Step 5 **Work Period**

Have students continue to assemble their quilts' rows.

Step 6 **Assembling the Rows**

Demonstrate how to put two rows together. This is a very good time to show how to pin precisely in order to have perfectly matching points.

Homework

Have students finish their quilt tops.

SESSION FOUR FINISHING STEPS

Students bring to class:

Cherry Delight pattern, sewing machine and equipment, *Alex's basic sewing kit*, the completed quilt top, prairie point fabric, backing fabric, batting, quilting tools (marking implement, thread, needles, etc.)

Step 1 Questions & Review

Inquire if anyone has any questions or had any problems working on her project. Respond to any inquiries.

Step 2 Making Prairie Points

Demonstrate how to make prairie points and pin and sew them to the quilt's edge.

Step 3 Work Period

Give students a work period to make prairie points and sew them onto their quilt tops.

Step 4 Marking the Quilting Lines

Discuss quilting designs and preferred marking and quilting tools. Be sure to share any information you have about selecting quilting designs, how to transfer designs, threads, needles, etc. Answer any questions students may have about quilting.

Step 5 Basting the Quilt

Demonstrate how to baste the backing, batting, and quilt top together. Demonstrate your favorite method. Give any of your own favorite tips.

Step 6 Finishing with Prairie Points

Demonstrate how to trim the backing and batting when using prairie points. Show how to press the prairie points and wrap the backing over the edge of the batting and secure to the prairie points. Demonstrate how to hand stitch closed with matching thread. Share any methods or tips you have for finishing steps.

Homework

Have students finish their quilts.

Extra Credit—A Quilt Celebration

If there is interest, set a date for a *Cherry Delight* quilt celebration and *Show & Tell* within a few weeks at the store. This should be an informal gathering where the students bring their quilts to share—finished or not. The star attraction dessert for this occasion could be a cherry pie or cherry tarts.....or cherries jubilee ☺.